



Pacific Cycling Road Cycling Map

More information on our website



~ Don't Rush! Take It Fast-and-Slow! ~

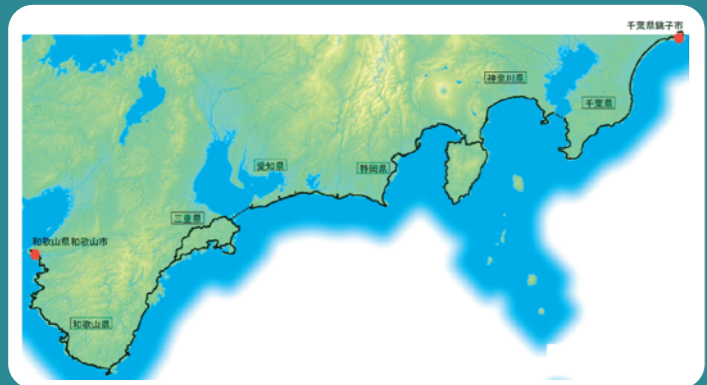
This golden route passes through some of Japan's most scenic and touristic areas. Don't rush! Find a fast-and-slow rhythm that lets you experience the full richness of Japan.

Pacific Cycling Road Cycling Map

~ Don't Rush! Take It Fast-and-Slow! ~

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Wakayama Pref. [Southern part 2]



Wakayama Pref.



Shirasaki Sea Coast

Mie Pref.



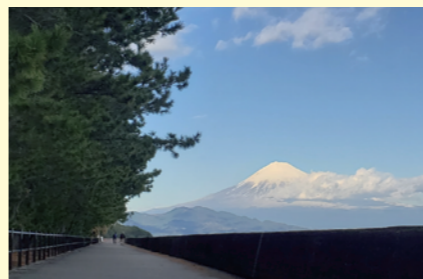
Meotoiwa (wedded-rocks)

Aichi Pref.



Cape Irago Lighthouse

Shizuoka Pref.



Mt. Fuji

Kanagawa Pref.

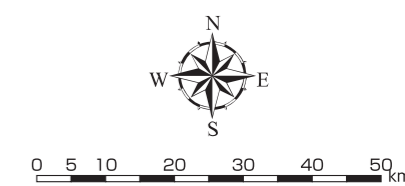


Shonan Sea Coast

Chiba Pref.



Inubasaki



Gateway List

Shizuoka Pref.	Aichi Pref.	Mie Pref.	Wakayama Pref.
Izu-Kogen Sta. Izu Gateway Kannami Shimizu Sta. Bentenjima Sta.	Michi-no-Eki Toyohashi	Toba Station/ Toba/Bangai	Nanki-Shirahama Airport Shirahama Key Terrace Seamore Wakayama City Central Wholesale Market General Food Center(Wakayama marche)

Legend

- Pacific Cycling Road Route
- World heritage-listed site
- Tourism resources
- Ferryboat
- Airport
- Bullet train

Rules for Bicycles

- In general, bicycles are to ride on the road.
 - * Bicycles follow the same rules as cars
 - * Always ride on the left side of the road.
 - * When traveling on sidewalks, give pedestrians priority and travel on the road side of the route.
 - * When bicycles can normally use sidewalks
 - When there are signs indicating that bicycles may use the sidewalk
 - When the rider is under 13, 70 or older, or has a physical disability
 - When traffic conditions require riding on the sidewalk for safety
 - * Tandem bikes cannot use sidewalks.
- Obey traffic signals and always come to a complete stop at stop signs.
- Riding while using a cellphone, headphones with high volume or an umbrella is prohibited.
- Riding under the influence of alcohol and riding double (riding beyond capacity limit) are strictly forbidden.
- Do not ride side-by-side. Always ride single-file.
- Turn on lights at night and in tunnels.
- Get a bicycle damage liability insurance plan.

(Wear a cycling helmet!)
Many people dying in cycling accidents suffer serious injury to their heads. Prepare for accidents by wearing a helmet that will protect your head while riding.

Safety Checklist

- Regularly check the following.
- Brake adjustment
 - Chain oil/air pressure
 - Remaining light battery (front and back)

- (Tire Condition)**
- Cracks in the tread?
 - Can you see the cloth/thread?
 - Hole worn in the tread?
 - Object stuck in the tire?
 - Tire noise while riding?
 - Recently inspected? (Recommended at least once a year)

If there is any problem, visit a bicycle shop for adjustment or repair. And be sure to get a checkup at a bicycle shop before a special event or long ride.

- * Check brakes again before descending!
- * There are many tunnels. Attach lights to both front and back!

(Beware of Thieves)
Nothing ruins your ride like a stolen bicycle. Don't let your bicycle be taken from a rack. If you can't see it, be sure it is locked!

Kada Port GOAL

Detailed map on reverse

Wakayama Pref.

What to eat?

Get details about local cuisine from the tourist information for each area in the regional information section of the Pacific Cycling Road website.

1 The Pacific Cycling Road Route

- The Pacific Cycling Road is a 1,400km cycling road that runs from Choshi City, Chiba Prefecture through Kanagawa Prefecture, Shizuoka Prefecture, Aichi Prefecture, and Mie Prefecture, and ends in Wakayama Pref. Wakayama city, Wakayama Prefecture.
- Along the cycling road, there are many sightseeing spots and scenic spots including Mt. Fuji, a World Heritage Site.

2 The Concept

- A route for safe bicycling
- A route that is easy to follow
- A route that is consistently promoted as an experience of the Pacific Coast

3 Road markings and information signs

A Information sign **B Road marking** **Arrow type road marking**

An arrow-headed road sign is installed to indicate the position of the bicycle to bicycle users and drivers.

C Information on maps and website

The official website provides Google mapping of the route and links to information about localities along the route.

D Pacific Cycling Road Unified Logo

- The Pacific Waves Design was modeled after the Seigaiha, a pattern of blue ocean waves which is a Japanese famous pattern.
 - The image that represents the beauty of Japan's Pacific Ocean Coast for both domestic and foreign tourists to enjoy while participating in slow tourism by bicycle.
 - The great benefits from the sea spanning six prefectures are put into the six seas, and the warm blue color expresses a calm and enveloping ocean.
 - The bicycle was designed to be as simple as possible and easy to see and understand.
- Created by: Sayaka Koyanagi, Yokohama Art University

Traveling with a Bicycle on Public Transport

- The JR railway and some other public transport companies allow bicycles inside passenger carriages if they are folding bicycles, or if they are disassembled and inside a carry bag. Please inquire about the policy of each transport company.
- Bicycles with protruding or unfolded parts may not be allowed.
- Bicycles may be excluded during periods when transport is crowded.
- Please take care not to disturb others when disassembling and assembling your bicycle before and after your ride.

Bicycle delivery information

See the website for more details.

- Cycloexpress
- Cycling Yamato Transport

Seino Transportation

Kangaroo Cycling Event Package
Kangaroo Cycling Transport

Sagawa Express

Hikyaku Large Size Express

Ferries

Tokyo-wan Ferry Required time... About 40 min.
~ Kurihama Port (Kanagawa Pref.)

● There is a special baggage fee for bicycles.

Isewan Ferryboat

Irago Port (Aichi Pref.) ~ Toba Port (Mie Pref.)

● There is no extra charge for a bicycle inside a carry bag.

Surugawan Ferryboat

Shimizu Port (Aichi Pref.) ~ Toi Port (Mie Pref.)

● There is no extra charge for a bicycle inside a carry bag.

Cycle Station

Feel free to stop by on your trek to rest at these places provided along the route of the Pacific Cycling Road in each prefecture. For details see the Pacific Cycling Road website.

<https://www.kkr.mlit.go.jp/road/pcr/>

In case of emergency

In case of accident

When there is an injury, contact life-saving ambulance services first

TEL119 (Ambulance) **TEL110 (Police)**

● Cyclists using rental bikes should contact the rental shop.

Contact in case of bicycle issues

For details, see the Pacific Cycling Road website.

[Pacific Cycling Road Search](https://www.kkr.mlit.go.jp/road/pcr/)



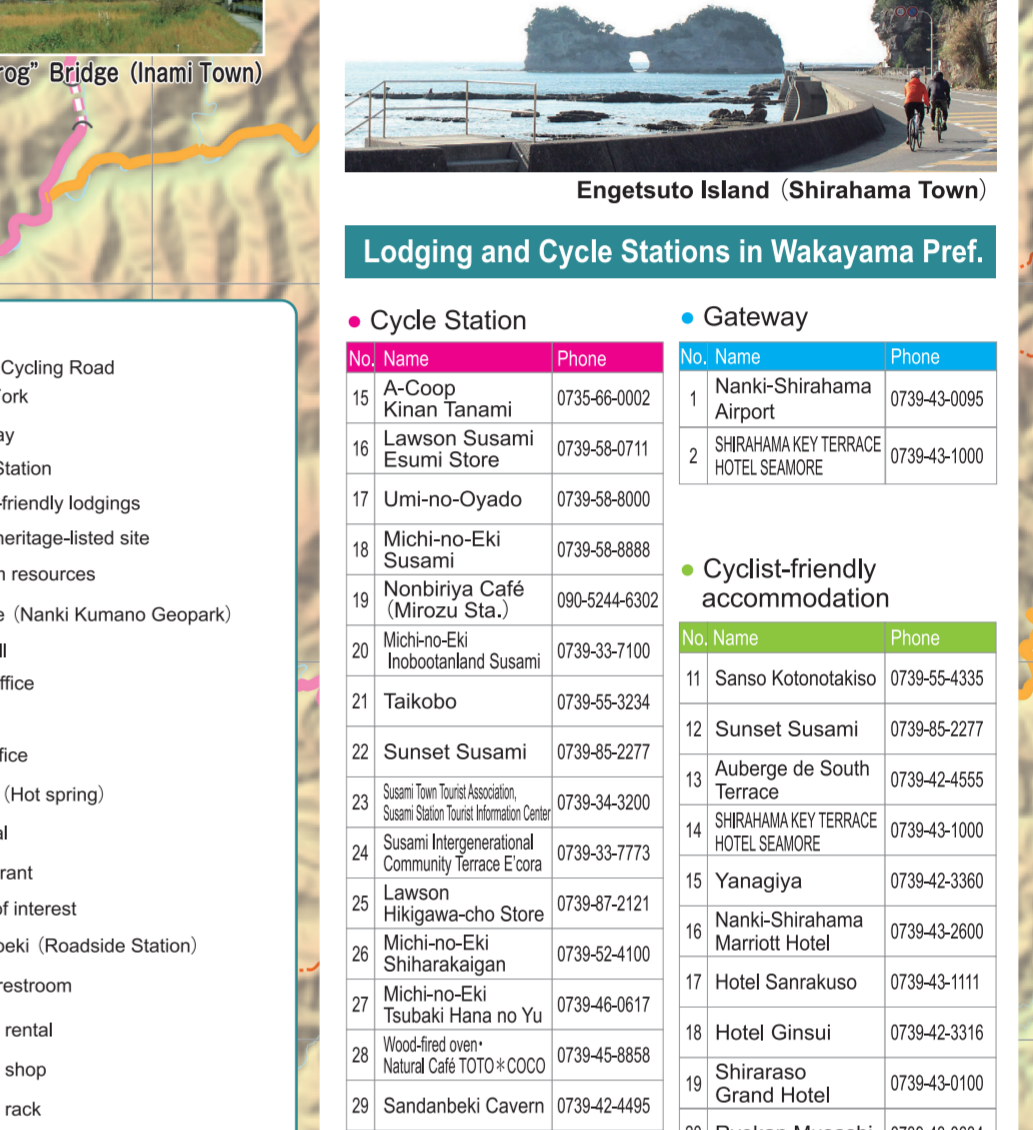
Pacific Cycling Road

Wakayama Pref.

Michi-no-Eki Susami ~ Boundary between Gobo City and Inami Town

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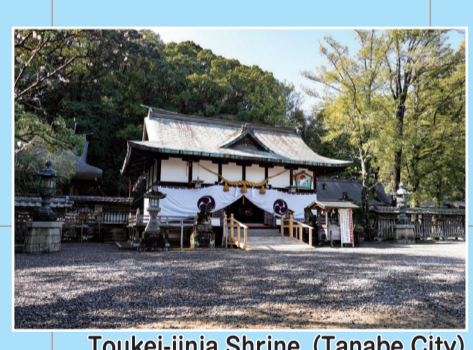
Wakayama Pref.

The southern part of Wakayama has many scenic spots where you can enjoy magnificent views produced by nature?



Lodging and Cycle Stations in Wakayama Pref.

Cycle Station			Gateway		
No.	Name	Phone	No.	Name	Phone
15	A-Coop Kinan Tanami	0735-66-0002	1	Nanki-Shirahama Airport	0739-43-0095
16	Lawson Susami Esumi Store	0739-58-0711	2	SHIRAHAMA KEY TERRACE HOTEL SEAMORE	0739-43-1000
17	Umi-no-Oyado	0739-58-8000			
18	Michi-no-Eki Susami	0739-58-8888			
19	Nonbiriya Café (Mirozu Sta.)	090-5244-6302			
20	Michi-no-Eki Inobotanland Susami	0739-33-7100			
21	Taikobo	0739-55-3234			
22	Sunset Susami	0739-85-2277			
23	Susami Town Tourist Association, Susami Station Tourist Information Center	0739-34-3200			
24	Susami Intergenerational Community Terrace E'cora	0739-33-7773			
25	Lawson Hikigawa-cho Store	0739-87-2121			
26	Michi-no-Eki Shihara-kaigan	0739-52-4100			
27	Michi-no-Eki Tsubaki Hana no Yu	0739-46-0617			
28	Wood-fired over-Natural Café TOTO*COCO	0739-45-8858			
29	Sandanbeki Cavern	0739-42-4495			
30	GIANT STORE Nanki Shirahama	0739-34-3196			
31	Fisherman's Wharf Shirahama	0739-43-1700			
32	Guesthouse IRIEYADO & Coffee/Bar Orange	0739-33-7393			
33	Michi-no-Eki Kuchikumano	0739-34-3030			
34	KMICH	0739-34-3115			
35	Seafood Restaurant Kanpachiya	0739-25-5558			
36	Kokumin Shukusha Kishuji Minabe	0739-72-3939			
37	Coro Coro Coffee	0738-20-1040			
38	Jibasan Agara Direct Sale Place	080-1419-3966			



Toukei-jinja Shrine (Tanabe City)



Shirahama Beach (Shirahama Town)



Sandanbeki Cliff (Shirahama Town)



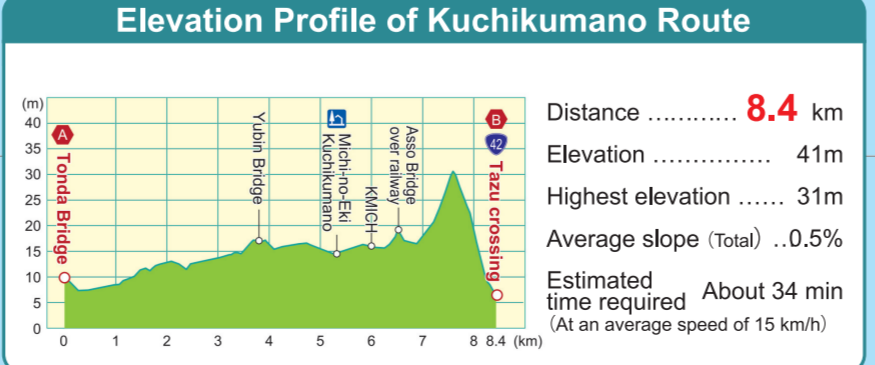
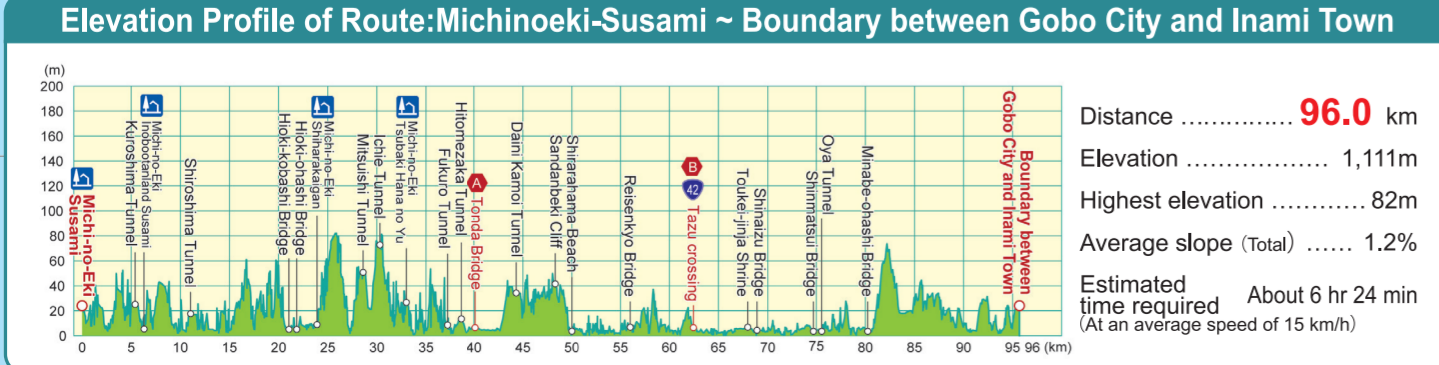
Senjojiki Coast (Shirahama Town)



KMICH (Kamitonda Town)



Susami Station Tourist Information Center (Susami Town)



サイクリング王国 わかやま WAKAYAMA 800